



WASHINGTON COUNTY
BEHAVIORAL HEALTH BOARD

prevention
education
treatment
recovery

Mental Health and Substance Use Resource Guide March 2021



Local Mental Health Crisis Hotline (740)373-8240
8am to 4pm, Mon. – Fri.

All other hours call:

National Suicide Prevention Hotline: 1-800-273-TALK (8255)

**24-hour Information, Crisis, and Referral Line call 2-1-1 or TEXT:
Your Zip Code To: 898211**

Crisis Text Line - Text 4HOPE to 741741 or call (614) 224-1111

Treatment works. People do recover.



If you or someone you know needs help, use this resource guide to access therapeutic services.

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*This Resource Guide is updated yearly. Check the WCBHB website for more frequent updates at www.wcbhb.org or “like” the Recovery Is Beautiful Facebook page.

The Mental Health Resource Guide began as a project of Washington County Family & Children First Council’s “Access to Mental Health Initiative.” A stakeholder’s group convened and determined that information about existing mental health resources would be valuable. A Core Team developed the following mission and vision statements:

MISSION STATEMENT

The mission of the “Access to Mental Health Initiative” is to improve access to available mental health services for Washington County residents.

VISION STATEMENT

All residents of Washington County, seeking or in need of mental health services, shall have available complete and accurate resource information to better access services.

The Mental Health and Substance Use Resource Guide, which will be updated annually, may be reproduced and can be found on the Washington County Behavioral Health website at

www.wcbhb.org

For questions or to provide additional or corrected information for this guide, please contact the Behavioral Health Board office at 740-374-6990

Data provided is for informational purposes only, and does not imply endorsement, fitness for use, legal sanction or license, nor in any way seeks to portray anything other than information upon which individuals may freely choose to engage the provider or its intermediaries in seeking desired services. Users of the information should understand that a provider being listed does not guarantee service availability or service delivery to the user and in no way constitutes legal referral.

The following are some of the signs and symptoms of mental illness:

- Feeling sad, down, hopeless and helpless
- Problems with speech, logical thinking, concentration or memory not explained by any physical conditions
- Feeling disconnected from people and events
- Detachment from reality (delusions), paranoia or hallucinations
- Significant tiredness and low energy OR excessive energy and hyperactivity
- Feeling unable to cope with problems and stress
- Paranoia, fear or suspiciousness of other people; anxiety
- Trouble understanding and relating to situations and to people
- Alcohol or drug abuse
- Major changes in eating habits, personal hygiene and/or sleeping habits
- Unusual or peculiar behavior
- Excessive anger, hostility or violence
- Thinking about suicide
- Unexplained physical discomforts, such as stomach ache, back pain or headache

Having one or two of these symptoms does not necessarily mean a person has a mental disorder. *However*, if someone is experiencing several of these symptoms, and they are interfering with the individual's ability to perform everyday tasks or take care of normal responsibilities, seeking behavioral health services can make a difference in that person's quality of life.


The following are some of the signs and symptoms of substance use disorder:

- Feeling that you have to use the drug regularly
- Having intense urges for the drug that block out any other thoughts
- Over time, needing more of the drug to get the same effect
- Being secretive about the use of the substance
- Not meeting obligations, work and/or personal responsibilities





Substance Use & Mental Health Service Providers

(*Contract agencies of the Washington County Behavioral Health Board that offer a sliding fee scale)


A

<p>Alicia Abramski, LPCC Riverside Counseling 200 Putnam Street, Marietta, OH 45750  330.718.8973</p>	<p>Serve: 18-Adult Payment: Optum, Impact Solutions www.riversidecounseling.com</p>
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C

<p>Christian Counseling Ministry 229 5th St. Beverly, OH 45751  740.984.4018</p>	<p>Serve: Children-Adults, Families Payment: Free/Donations Accepted</p>
<p>Counseling & Wellness Center 936 Market St. Parkersburg, WV 26101  304.422.7300 225 Main St. Belpre, OH 45714  740.401.3088</p>	<p>Serve: Children-Adults, Families Payment: Insurance, Self-pay www.counselingandwellnesscenter.com</p>
<p>Counseling House of MOV 911 Emerson Ave. Parkersburg, WV 26104  304.865.5444</p>	<p>Serve: 5-Adults, Families Payment: Insurance, Self-pay www.thecounselinghouseofmov.com</p>

D

<p>David Schaffer, MSW Safe Harbor Mental Health 4138 Williams Highway, Williamstown, WV 26187  304.865.0272</p>	<p>Serve: 16-Adults, Families Payment: Insurance, Self-pay www.davidschaffer.com</p>
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E

<p>Eric Limegrover & Associates 609 Putnam St. P.O. Box 126 Marietta, OH 45750  740.706.0498</p>	<p>Serve: 10-Adults, Families Payment: Insurance, Self-pay</p>
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Substance Use & Mental Health Service Providers

(*Contract agencies of the Washington County Behavioral Health Board that offer a sliding fee scale)


F

<p>Family Counseling & Rehabilitation Center of Ohio 107 Lancaster St. Harmar Village, Marietta, OH 45750  740.249.8061</p>	<p>Serve: Children-Adults, Families Payment: Insurance, OH Medicaid, Self-pay www.fcrcofohio.com</p>
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G

<p>Gail Rymer & Associates 1085 Joe Skinner Road Belpre, OH 45714  740.423.4743</p>	<p>Serve: Children-Adults, Families, Geriatrics Payment: Insurance, OH Medicaid, Medicare, Self-pay</p>
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H

<p>*Hopewell Health Centers 2343 Richmiller Lane, Suite F Belpre, OH 45714  740.423.8095</p>	<p>Serve: 3-Adult Medication Assisted Treatment Payment: Insurance, OH Medicaid, Self-pay www.hopewellhealth.org</p>
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I

<p>*Integrated Services 342 Muskingum Drive, Marietta, OH 45750  1.800.321.8293</p>	<p>Serve: Families, Individuals, offer in-home services Payment: OH Medicaid www.integrateservice.org</p>
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L

<p>*Life & Purpose Behavioral Health 207 Colegate Drive, Marietta, OH 45750 125 Lee St. Belpre, OH 45714 919B Michell Ave. Belpre OH 45715  740.376.0930</p>	<p>Serve: Children-Adults, Families Medication Assisted Treatment Payment: Insurance, OH Medicaid, Self-pay www.lifeandpurposebehavioralhealth.com</p>
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Substance Use & Mental Health Service Providers

(*Contract agencies of the Washington County Behavioral Health Board that offer a sliding fee scale)

M

<p>Marietta V.A Medical Center 27843 St. Rt. 7 Marietta, OH 45750  740.568.0412</p>	<p>Serve: Adults Payment: Insurance, Self-pay www.chillicothe.va.gov</p>
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R

<p>*Rigel Recovery Services 27750 St. Rt. 7 Marietta, OH 45750  740.371.5160</p>	<p>Serve: Adolescents, Adults Medication Assisted Treatment Payment: Medicaid www.rigelrecovery.org</p>
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S

<p>Schwabe & Associates 3194 Core Rd. Parkersburg, WV 26104  304.485.5185</p>	<p>Serve: Children-Adults Payment: Insurance, Medicaid, Self-pay</p>
<p>Southeastern Ohio Counseling Center 121 Putnam St. Marietta, OH 45750  740.489.5571</p>	<p>Serve: 3-Adults, Families Payment: OH Medicaid, Medicare, Insurance, Self-pay www.southeasternohiocounseling.com</p>
<p>Spalding Psychological Services 1809 DuPont Rd. Suite 3 Parkersburg, WV 26101  304.861.5184</p>	<p>Serve: 5-Adults, Families Payment: Insurance, WV Medicaid, Self-pay www.spaldingpsychological.com</p>
<p>Spero Health 418 Colegate Drive, Marietta, OH 45750  740.374.8730</p>	<p>Service: Adults Medication Assisted Treatment Payment: Self-pay, Insurance, Medicaid www.sperohealth.com</p>



W

<p>Ward Therapy Associates 4138 Williams HWY, Williamstown, WV 26187  304.865.0272  304.375.8800</p>	<p>Serve: 5-Adults, Families Payment: Insurance, Self-pay www.wardmfts.com</p>
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Substance Use & Mental Health Service Providers

(*Contract agencies of the Washington County Behavioral Health Board that offer a sliding fee scale)

W (continued)

Westbrook Health Services 2121 E. 7 th St. Parkersburg, WV 26101  304.485.1721  Crisis Line 800.579.5844	Serve: 6-Adults, Families Medication Assisted Treatment Payment: Insurance, Self-pay www.westbrookhealth.org
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National Resources

Mental Health

www.mentalhealth.gov

Provides one-stop access to U.S. government mental health information and aims to educate and guide.

Mental Health America

www.nmha.org

With over a century of advocacy, public education, and the delivery of programs and services, Mental Health America is the country's leading nonprofit dedicated to helping all people live mentally healthier lives.

NAMI (*National Alliance on Mental Illness*)

www.nami.org

The nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness, NAMI advocates for access to services and is steadfast in its commitment to raising awareness and building a community of hope for all of those in need.

SAMHSA (*Substance Abuse & Mental Health Services Administration*)

www.samhsa.gov

This agency within the U.S. Department of Health and Human Services leads public health efforts to advance the behavioral health of the nation, with the goal of reducing the impact of substance abuse and mental illness in America.

StopBullying.gov

www.stopbullying.gov

Provides information from various government agencies on how the community can prevent or stop bullying.

National Institute of Mental Health

www.nimh.nih.gov

The mission of NIMH is to transform the understanding and treatment of mental illnesses through basic and clinical research, paving the way for prevention, recovery, and cures.

Statewide Resources

Emerald Jenny Foundation www.emeraldjennyfoundation.org

For all the internet offers, finding information on the right treatment facilities isn't always easy. This site includes listings for rehab facilities, healthcare providers, counselors and other organizations.

Ohio Citizens Advocates www.oca-ohio.org

Seeks to eliminate the stigma and discrimination associated with alcohol and other drug addiction through education, reduction of barriers to treatment and advocating for quality continuum of care.

OACBHA (*Ohio Association of County Behavioral Health Authorities*)

www.oacbha.org

Statewide organization that signifies the interests of Ohio's county Alcohol, Drug Addiction, and Mental Health Boards at the state level. OACBHA works to deliver education, develop policies, and seek support for initiatives that will magnify and boost mental health and substance abuse prevention, treatment, and recovery support services throughout the state of Ohio.

OhioMHAS (*Ohio Department of Mental Health & Addiction Services*)

www.mha.ohio.gov

Works to assure access to quality mental health services for Ohioans at all levels of need and life stages.

Red Treehouse www.redtreehouse.org

Created to provide a welcoming and vibrant online community for families and professionals to explore resources to help children and young adults, prenatal through age 25.

Statewide Resources (cont.)

School & Community Continuum of Service

www.oberlinkconsulting.com/mhmapping

The web-based resource was developed as a user-friendly guide that schools can use to locate information about treatment, intervention and prevention services for school-aged children and their families.

Local Resources

24-hour Information, Crisis, and Referral Line: Dial 2-1-1

Washington County Community Crisis Response Team (WCCRT)

A team of trained volunteers helping individuals and groups cope with the stress of a crisis. To request WCCRT services, please call 740.525.3092.

Crisis Text Line: Text 4HOPE to 741741 or call (614) 224-111

Every texter is connected with a Crisis Counselor, a real-life human being trained to provide support through active listening and collaborative problem solving.

Camden Clark Medical Center

(304) 424-2359

The Behavioral Health Unit offers individualized mental health care such as behavioral health diagnostic assessment, medication stabilization/management, recreational therapy, discharge/aftercare planning.

EVE, Inc.

(740) 374-5820

Seeks to prevent family violence and sexual assault through education and intervention while providing supportive services to survivors; thereby promoting a safe and healthy community.

House of Hope of Washington County

(740) 374-0420

www.washcohoh.org

750 County House Lane Marietta, OH 45750

Provides socialization opportunities, peer support, programs and activities that foster recovery Washington County residents aged 18 years and older who are recovering from mental illness.

Marietta Memorial Health System – Geriatric Psychiatric

Intensive in-patient treatment: ages 55 & over

(740) 374-1501

Intensive out-patient treatment: ages 55 & over

(740) 568-2232

Local Resources (cont.)

Suicide Awareness Alliance

(740) 374-6990

www.wcbhb.org/supporting-operations

The mission of the Suicide Awareness Alliance of Washington County is to increase awareness of the impact of suicide and suicide attempts in Washington County. The Alliance provides information and resources to the general public about suicide and suicide prevention.

Washington County Behavioral Health Board

(740) 374-6990

www.wcbhb.org

The Board plans, monitors, evaluates and finances publicly-funded treatment, prevention, and recovery services for mental illness and addiction in Washington County. Provides Adult, Youth, and Teen Mental Health First Aid training as well as Peer Recovery Supporter Training.

Washington County Children's Services

(740) 373-3485

www.dcoffices.org/office/oh_45750_washington-county-children-services

Case managers are trained to deal with issues including substance use disorder, domestic violence, parenting, environmental issues, and budgeting. Free counseling program for child victims and their families.

Washington County Family & Children First Council

www.wcfcfc.org

(740) 376-7081

This Council promotes coordination and collaboration among county and local governments, non-profit organizations, businesses, schools and families in a manner which fosters wellness and self-sufficiency for families. Offer programs and services that strengthen the family unit.

Washington County Home

(740) 373-2028

www.washingtongov.org/114/County-Home

The Washington County Home offers residential services/housing for people with various needs.

Support Groups

Alcoholics Anonymous

1-800-870-3795

www.aa.org or
<https://alcoholicsanonymous.com/aa-meetings/ohio/>

Al-Anon & Alateen

www.al-anon.org

Celebrate Recovery

www.celebraterecovery.com

Christ-centered 12-step program for those struggling with addiction.

Co-Dependent Anonymous

www.coda.org

Courage to Change Ministries

Belpre Church of Christ
(740) 423-7021

Faith-based 12 step program for those struggling with addiction

Grief Share

www.griefshare.org/

Heroin Anonymous

www.heroinanonymous.org/meetings/

High on Hope

www.facebook.com/HighOnHopeMinistries/

Helping Other People Endure (HOPE)

A support group for those who have lost loved ones to suicide. *For more information, call LeeAnn Price at (740) 350-3365.*

Support Groups (cont.)

Narcotics Anonymous

www.na.org/meetingsearch

SMART Recovery Online Meetings

www.smartrecovery.org/smart-recovery-toolbox/smart-recovery-online/

Mid-Ohio Valley Pregnancy & Infant Loss Support Group

Meets first Thursday of each month at 175 Front Street.
Call: 517.899.3654

Sex Addicts Anonymous

www.saarecovery.org/meetings/










The Addict's Parents (TAP)

United Face to Face Support Group

www.tapunited.org

Regional Short and Long-Term Substance Use Treatment

(Bold designates those in our catchment area)

Summa Health, Akron Men & Women DETOX/Short/Long-term Residential  330-379-5295 Payment: Medicaid
HRS-Bassett House, Athens Children Short/Long-term Residential  740-594-8108 Payment: Medicaid
HRS-Rural Women's, Athens Women Short/Long-term Residential Offers Medical Assisted Treatment for <i>County Residents only</i>  740-593-6152 Payment: Medicaid
New Outlook, Belmont Men Short/Long-term Residential – Offers Vivitrol  740-782-1407 Payment: Medicaid
Awakenings, Belmont Women Short/Long-term Residential – Offers Vivitrol  740-484-4141 Payment: Medicaid
Breakthru, Cambridge Men & Women DETOX  740-439-8720 Payment: Medicaid
Summa Health, Canton Men & Women DETOX – Offers Medical Assisted Treatment  330-379-5295 Payment: Medicaid
Matt Talbot, Cleveland Women Short/Long-term Residential Offers Medical Assisted Treatment  216-634-7500 Payment: Medicaid
Casa Alma/Casa Maria, Cleveland Men & Women Short/Long-term Residential Offers Medical Assisted Treatment  216-459-1222 Payment: Medicaid

Regional Short and Long-Term Substance Use Treatment

(Bold designates those in our catchment area)

Hitchcock Center, Cleveland Women Short/Long-term Residential Offers Medical Assisted Treatment  216-421-0662 Payment: Medicaid
Rosary Hall, Cleveland Men & Women DETOX – Offers Medical Assisted Treatment  216-363-2580 Payment: Medicaid
Maryhaven, Columbus Children; Men & Women DETOX, Short/Long-term Residential Offers Medical Assisted Treatment <i>County residents only</i>  614-445-8131 Payment: Medicaid
Talbot Hall, Columbus Men & Women DETOX, Short/Long-term Residential Offers Medical Assisted Treatment  614-257-3760 Payment: Medicaid
Woodhaven, Dayton Men & Women DETOX, Short/Long-term Residential  800-788-0440 Payment: Medicaid
Foundations, Franklin Furnace Men & Women Short/Long-term Residential Offers Medical Assisted Treatment  740-353-5174 Payment: Medicaid
Focus Residential, Franklin Furnace Women Short/Long-term Residential Offers Medical Assisted Treatment  740-259-7001 Payment: Medicaid

Regional Short and Long-Term Substance Use Treatment

(Bold designates those in our catchment area)

Landings at Cedar Ridge, Frazeyburg Men & Women Long-term Residential Offers Medical Assisted Treatment  855-692-7247 Payment: Medicaid
Woods at Parkside, Gahanna Men & Women DETOX, Short/Long-term Residential Offers Medical Assisted Treatment  614-471-2552 Payment: Medicare Only
Cardinal Recovery, Gallipolis Men Short/Long-term Residential  740-446-6020 Payment: Medicaid
Fairfield Medical, Lancaster Men & Women DETOX, 3-5 days Offers Medical Assisted Treatment  740-689-4457 Payment: Medicaid
Rigel Residential Recovery Center, Marietta Men DETOX, Short/Long-term Residential Offers Medical Assisted Treatment  740-371-5160 Payment: Medicaid
Arrow Passage Recovery, Massillon Men & Women Short/Long-term Residential  844-802-7769 Payment: Private Pay Only
Moving Forward, McDermott Men Long-term Residential  740-858-6683 Payment: Medicaid
Perry Behavioral Health, New Lexington Men & Women DETOX, Short/Long-term Residential  740-32-0616 Payment: Medicaid

Regional Short and Long-Term Substance Use Treatment

(Bold designates those in our catchment area)

Shepherd Hill, Newark Men & Women Short/Long-term Residential  740-348-4870 Payment: Medicaid
Counseling Center, Portsmouth Men & Women Long-term Residential  740-354-6685 Payment: Medicaid
Glenbeigh Hospital, Rock Creek Men & Women DETOX, Short/Long-term Residential  440-951-7000 Payment: Medicaid
Trinity Health, Steubenville Men & Women DETOX  740-283-7868 Payment: Medicaid
Field of Hope, Vinton Women Short/Long-term Residential  740-245-3051 Payment: Medicaid
Neil Kennedy, Youngstown Men & Women DETOX  330-744-1181 Payment: Medicaid
Genesis Healthcare, Zanesville Men & Women DETOX, Short/Long-term Residential Offers Medical Assisted Treatment  800-939-2273 Payment: Medicaid (not Buckeye)
Hope Center Ministries Men & Women Long-term Residential  1.866.396.4673 Payment: Private Pay Only



Recovery is possible.

wcbhb

WASHINGTON COUNTY
BEHAVIORAL HEALTH BOARD

1115 Gilman Avenue
Marietta, OH 45750

Telephone: (740) 374-6990

Website: <https://www.wcbhb.org>

 [Recovery Is Beautiful](#)