




TOVA and First Responder Mental Health Information

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Objectives

March 7, 2024 Lunch & Learn

- Who is Hopewell?
 - What is a TOVA?
 - When should TOVA be considered?
 - Where can I have a TOVA test?
 - How is Hopewell giving back to our community?
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Who is
Hopewell?



Hopewell Health Centers

- Hopewell is an FQHC agency
- Nearly 30 sites spanning 9 counties in SE Ohio.
- We accept commercial insurance plans, Ohio Medicaid, and offer sliding fee discounts where available.

My Why



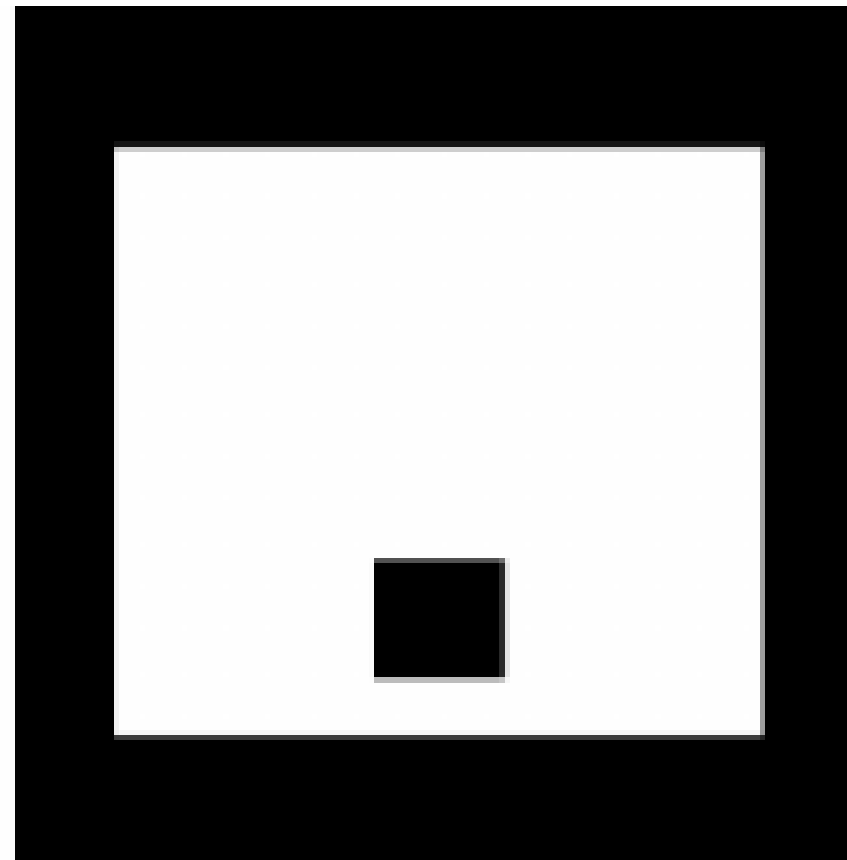
What is a
TOVA?



Test of Variables of Attention



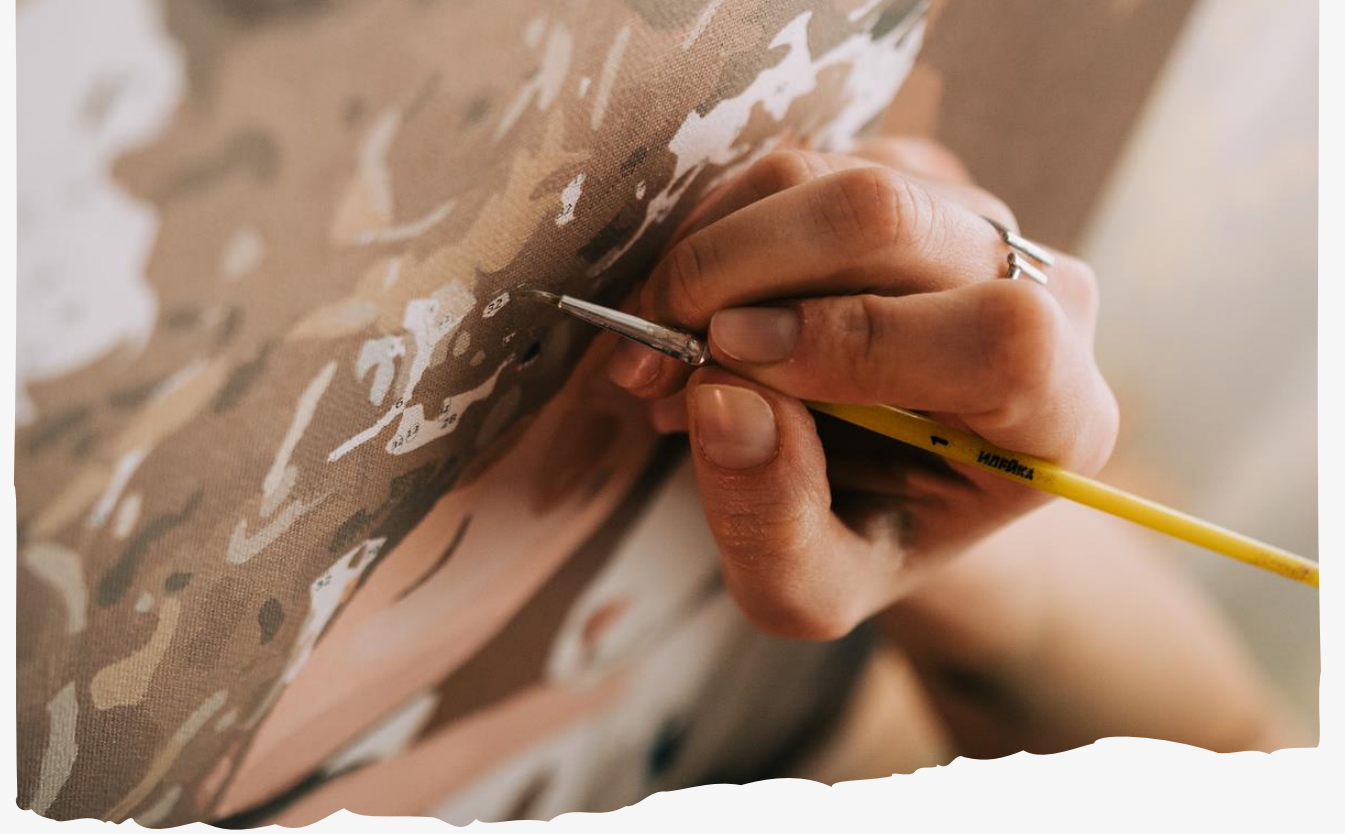
Target



Non-target

- Culture and language free
- Visual and Auditory stimuli
- Accuracy to +/- 1 ms
- Immediate objective results

What does IOVA measure?



- Time Variability- Consistency
- Response Time- Speed
- Commission Errors- Impulsivity
- Omission Errors- Focus & Vigilance



When should I
have a TOVA
test?



Requests & Referrals

- When ADHD is suspected and the professional cannot distinguish between it and another diagnosis
- Visual 4-80+
- Auditory 5.5-29+
- Medication providers often require objective information before prescribing.

Where can I
have a TOVA
test?



At Hopewell, of course!

- Come in for intake during our Open Access days and let the counselor know you want a TOVA.
- Open Access hours for initial intake are 8:00 am- 11:00 am every Monday and Wednesday at the Belpre location.
- Provide insurance information



What is an intake and why do I need one?

- Intake is what we call the biopsychosocial assessment we conduct to initiate services.
 - This assessment takes about an hour and gathers information regarding physical and mental health, family, and substance use histories, as well as current symptoms.
 - TOVA referral will be made that day.
 - The scheduler will call you to set your TOVA appointment and give test-day instructions.
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How does Hopewell help
our community?

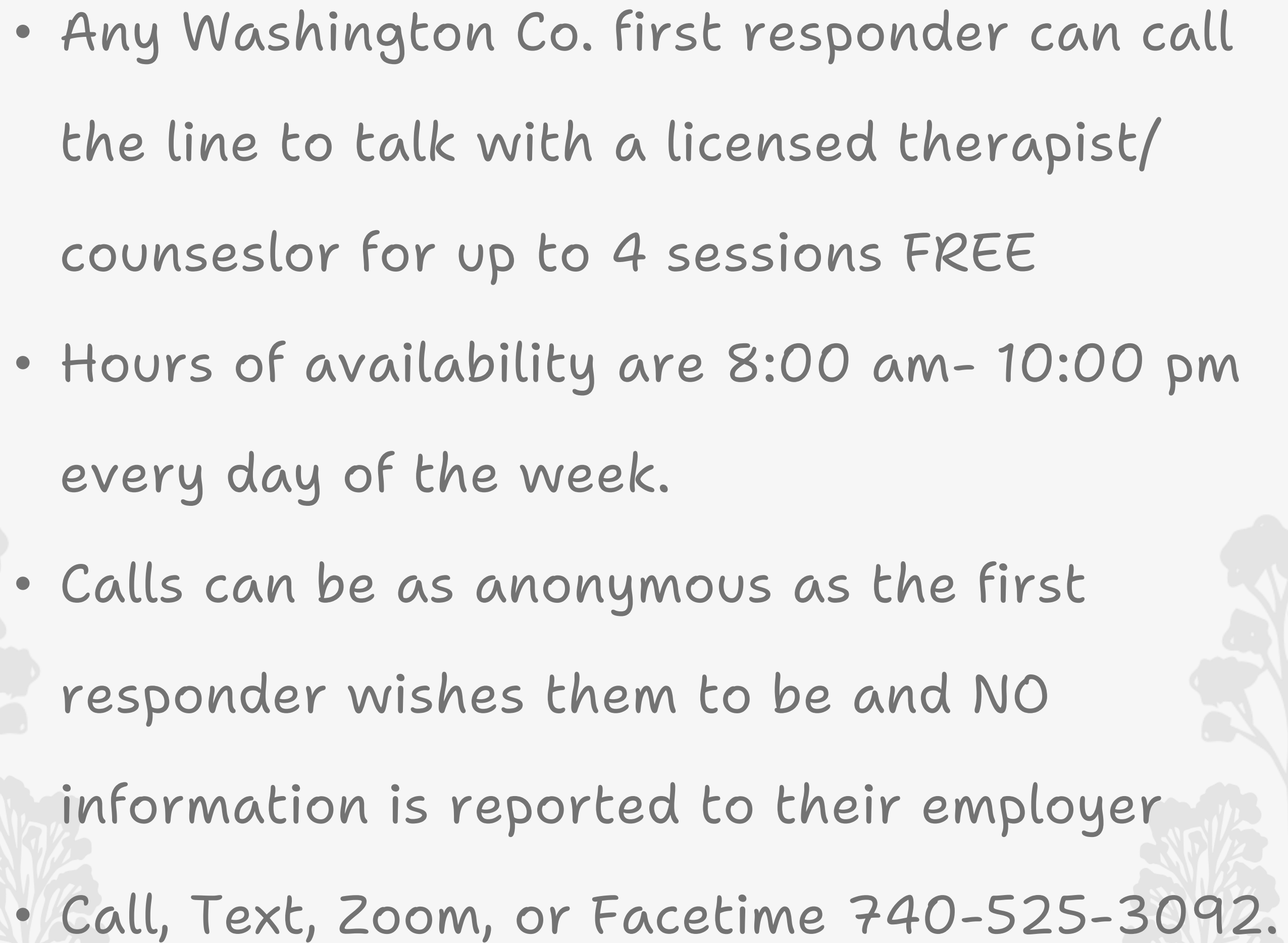
Serving those who serve us



First Responder Mental Health



In December 2021, Hopewell in Belpre partnered with WCBHB to offer a FREE service to all first responders in Washington County.

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- Any Washington Co. first responder can call the line to talk with a licensed therapist/ counselor for up to 4 sessions FREE
 - Hours of availability are 8:00 am- 10:00 pm every day of the week.
 - Calls can be as anonymous as the first responder wishes them to be and NO information is reported to their employer
 - Call, Text, Zoom, or Facetime 740-525-3092.



Hopewell Health Centers
2434 Richmiller Lane, Suite F
Belpre, OH
740-423-8095
www.hopewellhealth.org



Washington Co. First Responder
Mental Health
(740) 525- 3092
Daily 8am- 10pm

Hopewell Open Access

- Monday and Wednesday each week
- 8:00 am- 11:00 am
- Bring ID and Insurance information
- This is for intake into services and
- NOT for TOVA testing.
- TOVA can be requested at intake



Thank you!

