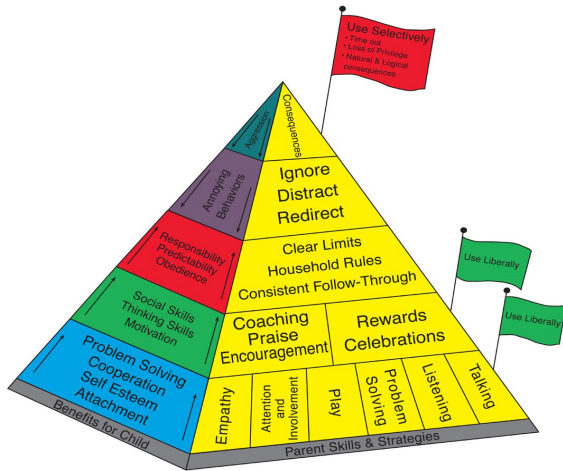




*“It’s not our job to toughen our children up to face a cruel and heartless world. It’s our job to raise children who will make the world a little less cruel and heartless.”* G.R. Knost



Parenting Pyramid®

**MAKE A DIFFERENCE FOR YOUR FAMILY!**

- \*FREE and open to the public!
- \*Dinner provided each night!
- \*Free child care!
- \*Gas cards to assist with transportation!

**Date: Mondays:  
September 8—December 15, 2025**

**Time: 5:30—7:30 pm**

**Location: Ely Chapman  
403 Scammel Street  
Marietta, OH 45750**

*To register or for more information, call 740-376-7081  
Or use the QR code below to register!*



*Sponsored by:*  
**Washington County Family & Children First**

344 Muskingum Drive  
Marietta, OH 45750

Phone: 740-376-7081  
Fax: 740--376-7084  
E-mail: fcfc@suddenlinkmail.com  
Website: www.wcfcfc.org

*Funded by the Washington County  
Behavioral Health Board*



# Preschool Basic Program

**Parenting Program for  
parents with children ages  
3-6 years**

**Each Monday  
Sept. 8 —Dec. 15, 2025**



## **The Incredible Years Preschool Basic parenting program**

strengthens parent-child interactions and attachment, reducing harsh discipline and fostering parents' ability to promote children's social, emotional, and language development. Parents also learn how to build school readiness skills and are encouraged to partner with teachers and day care professionals so they can promote children's emotional regulation and social skills. In the parenting groups, trained Incredible Years® facilitators use video clips of real-life situational vignettes to support the training and trigger parenting group discussions, problem solving, and practice exercises.



**Incredible Years Preschool Basic Program is a 14-week program for parents of children ages 3-6 years.**

**The program is offered once a week for two-hours and provided by trained facilitators.**

### ***The Preschool Basic***

#### ***Program Topics:***

- Program 1 – Strengthening Children's Social Skills, Emotional Regulation and School Readiness Skills
- Program 2 – Using Praise and Incentives to Encourage Cooperative Behavior
- Program 3 – Positive Discipline – Rules, Routines and Effective Limit Setting
- Program 4 – Positive Discipline – Handling Misbehavior

**The Incredible Years® are evidence-based, proven effective programs.**

**Incredible Years® programs have been applied in more than twenty countries.**

### **Program Goals**

- Improve parent-child interactions, building positive relationships and attachment
- Improved parental functioning, less harsh and more nurturing parenting, and increased parental social support and problem solving
- Prevention, reduction and treatment of early onset conduct behaviors and emotional problems
- Promotion of child social competence, emotional regulation, positive attributions, academic readiness and problem solving